

Heartbeat

An advertising section to NJJN



When to start mammogram screenings

In preparation for Breast Cancer Awareness Month in October, Dr. Barry Levinson, Medical Director at Trinitas Comprehensive Cancer Center, answers important questions about breast health and mammogram screening guidelines for patients:

Q: Many patients ask when to start mammogram screening: What advice can you give them?

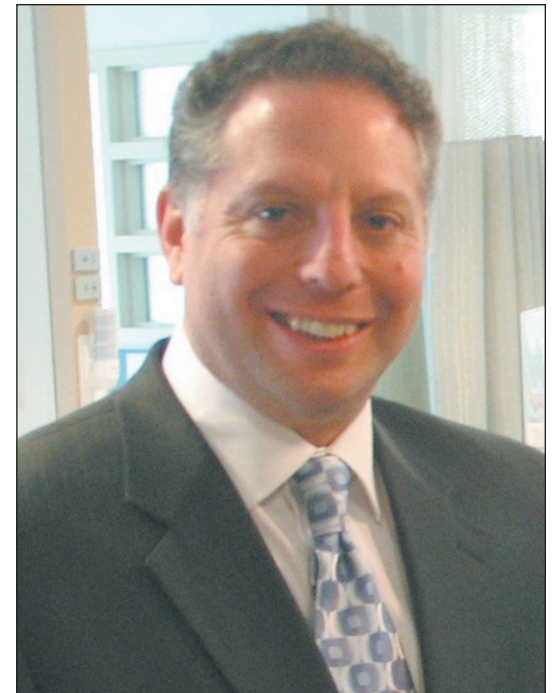
Dr. Levinson: The incidence of cancer increases as we get older. Some general screening guidelines should be followed:

Women of average risk should start yearly mammographic screening at age 50. There is some controversy regarding mammograms between ages 40-49 but the United

States Preventative Services Task Force and the American College of Physicians recommends that a woman and her doctor, based on identified risk factors, decide on the proper schedule of screening mammograms. Typically this would be every 1-2 years beginning at age 40. If there is a family history of breast cancer in women younger than 50 then screening with mammograms at a younger age is recommended (10 years before the age of the youngest family member to have been diagnosed with breast cancer). To schedule a mammogram appointment which uses digital technology, please call the Trinitas Women's Health Center at 908-994-5984.

In general, cancers that occur in someone older than 55 years of age are less likely to be familial or genetic. Cancers in persons younger than 50 are more concerning. These patients should be referred for genetic counseling because of the numerous syndromes that may affect a family. A certified genetic counselor is on staff at Trinitas Cancer center.

For more information on Trinitas Comprehensive Cancer Center or the genetic counseling program, please call 908-994-8000.



Dr. Barry Levinson

Trinitas Comprehensive Cancer Center



Is Proud to Announce the Arrival of Barry Levinson, MD

Medical Director, Trinitas Comprehensive Cancer Center

An accomplished physician who is Board Certified in both Internal Medicine and Oncology, Dr. Levinson joins a dynamic, progressive comprehensive cancer center that offers the most advanced technology available to patients. Trinitas Comprehensive Cancer Center is now the first cancer treatment center in the state to offer Rapid Arc radiotherapy technology - a fast, precise form of radiation treatment using advanced technology from Varian Medical Systems.

Our board-certified physicians, nurses and allied health professionals are passionate in their fight against cancer and their mission to provide excellent patient care. The medical oncology treatment area and infusion center includes 15 first-class private infusion rooms. Licensed state-of-the-art laboratory and pharmacy services are all located on-site. With an interior design reminiscent of a fine hotel, the Trinitas Comprehensive Cancer Center offers patients and their companions a supportive and healing atmosphere. The Center's support services also include pain management, clinical trials, support groups, nutrition services, complimentary medicine, art therapy and pet therapy.



Lisa Henson, MD, Chairman of Radiation Oncology, discusses Rapid Arc radiotherapy with a patient.



For more information on the exceptional care offered by Trinitas Comprehensive Cancer Center, visit www.TrinitasCCC.org or call (908) 994-8000 for information or a tour.