

# Trinitas Comprehensive Breast Program



## We are there for you every step of the way!

With our wide range of comprehensive breast services, Trinitas is the premier provider of choice for women throughout Union County and beyond. Trinitas provides convenient access to the latest screening and diagnostic technology and, should you need it, Trinitas will be there for you every step of the way with the best treatment options, access to clinical trials, and a robust variety of supportive services. Our state-of-the-art technologies and highly skilled medical professionals will provide you with outstanding patient care and excellent customer service. Trinitas is a proud member of the National Consortium of Breast Centers which is dedicated to promoting excellence in breast health care.



## Our Comprehensive Breast Program Includes:

### **Breast Imaging:**

- **Digital Screening & Diagnostic Mammography**

Digitally enhanced breast images have outstanding clarity and contrast, leading to a quick diagnosis and quality patient care.

- **Breast Ultrasound**

A non-invasive procedure in which high frequency sound waves are painlessly projected into the breast and the pattern of echoes is interpreted by a dedicated Radiologist.

- **Breast MRI**

Breast MRI (Magnetic Resonance Imaging) is a non-invasive procedure that allows doctors to look inside the breast to see the soft tissue, without having to do surgery or flatten the breast (as in a mammogram).

- **Fine Needle Aspiration**

In this procedure a thin needle is inserted into a mass. Fluid or cells are extracted from a suspicious mass.

- **Cyst Aspiration**

A procedure where the doctor uses a small needle to drain fluid from a cyst.

- **Ultrasound Guided Tissue Core Biopsy**

This procedure is used when a mass is visualized on ultrasound and determined to be solid. The Radiologist is guided by ultrasound and takes samples of the mass using a needle.

- **Stereotactic (X-Ray) Guided Tissue Biopsy**

This procedure uses a needle to extract tissue samples from an abnormality seen on a mammogram. Guided by computer images, and using local anesthesia, the Radiologist can take a sample of the abnormality.

- **Breast Needle Localization**

A simple procedure where a wire is inserted to mark the exact position of an abnormality in the breast.

- **Sentinel Node Injection**

Sentinel node biopsy involves injecting a radioactive tracer and/or blue dye into and around the tumor. Once located, the sentinel node is removed through a small incision and sent to the laboratory for diagnosis.

- **Computer-Assisted Detection (CAD)**

CAD uses the X-ray image taken in a mammogram and creates a digital image. The computer then scans the image and marks suspicious looking areas. Those areas can be studied by a radiologist, who can then decide if a biopsy or further evaluation is needed.

**To schedule a breast imaging appointment, please call  
(908) 994-5984.**

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## **Surgical Care:**

Our dedicated team of surgeons perform state-of-the-art surgical procedures. Trinitas offers a complete range of advanced surgical techniques and custom options based on each woman's situation. These include:

- Sentinel lymph node biopsies
- Mastectomy, lumpectomy
- Reconstructive Plastic Surgery

## **Radiation Oncology:**

Trinitas CCC Radiation Oncologists are accredited by the American College of Radiology meeting the highest standards of clinical excellence. Our expert team of radiation oncologists and physicists specialize in the treatment of cancers of the breast using cutting edge state-of-the-art technology precisely targeting the area of the breast needing treatment. Techniques include:

- Intensity Modulated Radiation Therapy (IMRT)
- Cone Beam/Image Guided Radiation Therapy (IGRT)
- Mammosite
- Partial Breast Radiation Therapy
- Prone Breast Treatments

## **Medical Oncology:**

The Medical Oncology specialists at Trinitas CCC are board certified members of our dedicated team of multidisciplinary professionals who provide optimal care to women diagnosed with breast cancer, including:

- Chemotherapy
- Biologic Therapy/Targeted Therapy
- Hormone Therapy

## **Breast Navigator Program:**

The Navigator assists the patient through every aspect of the treatment process, providing education, support and practical help with problems that can arise during the daily journey with breast cancer.

## **"Made for Me" Boutique:**

Through a grant from the Susan G. Komen Breast Cancer Foundation, women can receive wigs, breast forms and accessories at no cost.

## **Clinical Trials:**

Trinitas CCC is pleased to offer patients access to clinical trials. Our multidisciplinary team participates in a variety of clinical trials intended to help women live longer and better lives.

## **Outreach-Education:**

Trinitas provides numerous outreach and education programs and events throughout the year. Please call us if you would like a lecture brought to your area. Check our websites for our community events.

## **Complementary Medicine Services:**

Trinitas CCC offers a variety of special amenities and resources to help patients and families through their breast cancer journey. We address the spiritual and emotional needs of patients with various services and programs that we offer including Reiki and Art therapy.

## **The Trinitas Comprehensive Cancer Center also features:**

- Outstanding patient-centered, coordinated care
- Excellence in patient satisfaction, as measured by Press Ganey Associates
- Board-certified, fellowship-trained oncology specialists
- A dedicated Nutritionist and nutritional programs
- A Fatigue Management Program
- Assistance with transportation, for those who qualify
- Financial Counseling
- Palliative Care and Pain Management
- A dedicated Breast Tumor Board
- CAP Certified Pathology Services

**For more information on Trinitas CCC or to schedule an appointment, please contact us at (908) 994-8000 or visit us on the web at [www.trinitasccc.org](http://www.trinitasccc.org)**



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